

AWARE-LA

Alliance of White Anti-Racists Everywhere - Los Angeles

~ www.awarela.org ~

Personal Solidarity Instructions

AWARE-LA recognizes that our activist and solidarity work is impacted and influenced by our own sense of identity as white people invested in anti-racism - the more healthy and rooted we feel in our anti-racist identities, the more effective our action and organizing will be.

The purpose of personal solidarity circles is to create space for each individual to process their feelings or experiences around race, racism, white privilege, or racial justice/injustice that have occurred recently or are surfacing currently. Each person gets an allotted time to be used at their discretion - talking through a dilemma, releasing lingering feelings and/or guilt, strategizing how to deal with a difficult situation, getting support from others, etc. As a basic discussion prompt, you can consider: "How has race or racism shown up in my life in the last month?"

Directions:

1. Get into groups of 3
2. Select a time keeper
3. Sharing one at a time, each member should have the same amount of time to share (listen to the facilitator for the total time for this personal solidarity circle)
4. When it is your turn to share, you can use your time to your liking - you can talk the whole time, you can invite feedback, you can ask questions to your partners, you can concede time to others, etc.
5. It is important to watch time closely and ensure that each person gets their allotted time. If time is left over, spend it discussing openly (although you may want to ask if it is ok to address something specific shared by another person if they have not already made it clear they want feedback)