

AWARE-LA Saturday Dialogue
“Title – Workshop”
Date

New Members please arrive at **12:45pm** sharp.
Facilitators please arrive at **12:45pm** sharp.

Facilitator Prep Time **12:45pm – 1:00pm**
Select new member orientation leader, greeter, and facilitators for each section.

New Member Orientation **12:45pm – 1:15pm**
Welcome to the space and introduction of AWARE-LA organizational model.

All Members please arrive at **1:00pm**.

Returning Member Check-Ins **1:00pm – 1:15pm**
Informal check-ins, reconnect with each other.

Welcome and All-Group Check-In **1:15pm – 1:40pm**
Welcome to the Saturday Dialogue. Check in: share your name, your personal gender pronouns (PGPs), and something that came up for you about race over the last month.
Read Communication Guidelines.

Meditation or Reading **1:40pm – 1:45pm**
Typically a workshop begins with some reading content or a meditation exercise that invites participants to consider the topic for the day in a new way.

Self-Inquiry **1:45pm – 2:00pm**
Either a writing or pair-share might come next to deepen thoughts on the topic and generate questions. There may be a short share out to the group.

Skills Building **2:00pm – 2:45pm**
The main skills building process can include role plays, discussions about best practices, processing other new content, or any other strategy facilitators want to use. (Constructing a workshop agenda typically takes more time and skill.)

Snack/Break **2:45pm – 2:55pm**

Personal Solidarity **2:55pm – 3:25pm**
Groups of three have 10 minutes each for sharing/strategizing/active listening on personal/interpersonal issues around race & racism. Ask for timekeeper to make sure each person has 10 minutes. Make time for feedback if desired.

Announcements & Volunteers **3:30pm – 3:45pm**

- Workgroup Announcements
- Community Announcements

Pass-the-Hat & Check-Out **3:45pm – 4:00pm**

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Pass the hat for donations. Group goes around the circle and each person shares 1 plus, 1 change, OR 1 insight from the meeting